



TNF

International
Netball Festival

FIJI 2024

Bringing Culture, Community,
families together through netball



INTERNATIONAL NETBALL FESTIVAL

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Jane Rushton, Speaker Author

International Netball Festival Samoa December 2025

International Netball Festival Gold Coast 2025

International Netball Festival Christchurch 2025

Lautoka Netball Courts

Corner of Yawini & Verona Streets, Lautoka

WELCOME FROM THE INTERNATIONAL NETBALL FESTIVAL INC



We have been bringing this fabulous Netball Festival annually to Fiji since 2015 and the Gold Coast Australia since 2011. It is with sincere thanks and excitement that we continue to welcome teams from overseas, nationally and locally to play in these competitive and fun tournaments.

Congratulations on your participation in 2024's INF Fiji Netball Festival and good luck!

Blending Cultures and Communities together through netball



INF President - Jane Rushton

INF Tour Coordinator - Sue-Ann Beaumont

Phone: (+61) 420 961 412

www.internationalnetballfestivals.com

SUPPORTED BY

SUPPORTED BY



Thank you to **KBL Buses** for transport.

Tewaka for airport Transferrers

Thank you to **the local Fijians** for there ongoing assistance to make this an incredible event, to **Fijian supporters** for being an amazing and a big thank you too, to **Jogi George** for supporting INF and **Jogi Junior** for time-keeping and all the wonderful **umpires** that have made the Fiji Netball Festival a success.

Thank you to **Grace Smith** of **Smith's Do-It-All** for the lunches on game days

Also, a big thank you to **Fiji Tourism**, and the accommodation at

Nila Beach Resort, Landers Bay and

First Landing Beach Resort

Lastly, thank you to our **INF Team**

ITINERARY



Mud Pools and Hot Springs



Beachcomber Island Day trip



Beautiful Fiji Culture



Bula - a warm greeting



LET THE GAMES BEGIN

INF Inc is a community based, non-profit organisation, teamed with Intersport Global, School Group Travel are pleased to bring you the International Netball Festivals.

Welcome all local teams as well as the international teams to the Fiji International Netball Festival.

A big thank you to all the teachers, coaches and team managers in organising your teams' participation and others that assisted teams to get to this extraordinary Netball Festival.

Over the next few days, our expert team will provide a Festival of cultural and recreational activities, team bonding, friendships and more. With three competition days, participants will have a cultural experience bonding with locals and an experience of a lifetime.

Let the games begin!

SPIRIT OF THE GAME

Play by the rules, play fair and
"in the spirit of the game of Netball"

Contesting the ball is fine. Rough play will be penalised.

The spirit of the game dictates that players make sure they give other players on court. **A clean game** is a great game!

Umpires are to be respected. Constructive feedback only by captians
If there are no umpires, there are no games. Spectators and players, please remember that our **umpires are human beings** and may miss from time to time. They will do their best. If the umpires are hassled verbally, their umpiring deteriorates. Please try and **boost their confidence.**

We hope that this will encourage everyone to play in the true spirit of the game.

COMPETITION RULES

Registration

A player must be registered and paid for, to play in the International Netball Festival BEFORE TAKING THE COURT. 10 players per team

Playing in a Division

Players are not permitted to play down or across a Division. Except :due to injury. Once a player has played up for two games, they will then be part of this team. They cannot play down again. All 1,2,3 placing teams' players must sign in at the Control Desk on Finals Day. New players will not be allowed to join a team on the

Boys

Boys (13 years or under) can play in the 13/U Division only. There can only be three (2) boys on the court at any one time in a team—one boy in each third of the court.

Playing in more than one team

Players are not permitted to play in more than one team. Once players are registered in a team, they must stay in that team. If there are injuries and one team does not have enough players and wishes to pull a player from another team across the division, we will assess this at the time.

Scorer and Scorecards

- Scorecards will be on the centre of ALL courts on a clip board
- They are to be left there after each game.
- A scorer from each team must be supplied. Scorers must stand beside each other on the sideline.
- Score-sheets only are to be returned to the INF Control Desk by the winning team.
- Teams fill in **Umpires Award on the scorecard.**
- **Umpires** need to sign and fill in points for the **Team Sportsmanship Award.**

Points

Points Table is on the INF website, tab DRAWS RESULTS - and INF Facebook Page. It is a link to <https://www.sporty.co.nz/inf>

COMPETITION RULES

Rolling Substitutions

- The rolling substitution stands at the designated area(in front of their own bench. **PLAYER LEAVES THE COURT**
- Before leaving the designated area, **SUBSTITUTE TAGS PLAYERS HAND BEFORE TAKING THE COURT**
- **ONLY ONE ROLLING SUB AT A TIME** per team can be made
- **NOT STOPPING PLAY** for rolling substitutions. If play is delayed, the player will be penalised under the Rule of Delaying play.
- Players must observe the offside rules as they enter / leave the court.

Sanction: Free pass where the infringement occurred (offside area) unless this places the non-infringing team at a disadvantage, or advantage is applied.

Players must not interfere with the umpire's movement during the substitution.

Sanction: Free pass where the ball was when play was stopped (advantage may be applied).

Stoppages

Blood Policy

Play shall cease immediately when blood is noticed. The player must *leave the court immediately* and may be replaced. The injured player may *return to the court at the next centre pass* if the blood flow has ceased, the wound cleaned and covered. If a shooter or centre is injured, the team may change one other player on the court to take that position.

Stoppages are to be kept to a minimum.

Injuries

There will be *30 seconds* for minor injury. The player may be replaced. If a shooter or centre is injured, the team may change one other player on the court to take that position. Stoppages are to be kept to a minimum. They may *return to the court after the next centre pass off*, if they have not been replaced.

Send Off

If someone has been sent off the court, they have to be off the court for a minimum of 2 minutes. They can go back on the court after 2 minutes, at the next centre pass off.

Wet Weather

The INF President will make wet weather playing decisions. Games may be played in the rain unless a decision is made to postpone play. Safety is important.

In the spirit of the game of netball

GET THE MOBILE APP

For Draw, Results and Alerts on your mobile download the Sporty NZ app



Instructions to download the Sporty app

1. Scan QR code or
2. Go to the App Store or Google Play, search for "Sporty NZ"
3. Download the app and open
4. Search International Netball Festival
5. Select Website



COMPETITION POINTS

Three (3) points for a win, two (2) points for a draw and one (1) point for a loss. No show (3) point and 10 nil win result.

Tie in Competition Points

If there is a tie with competition points at the end of competition, the team's placing in the ladder will be determined by the following, in this order:

1. The result of the game between the 2 teams – if that was a draw then,
2. A count back of goal difference - Goals For vs Goals Against. The team with the biggest goal difference will qualify ahead in the ladder – if this was equal then,
3. Fair play points as awarded by the umpires – if this is equal then,
4. A toss of the coin by the Tournament Director with the 2 team captains. (The team who has travelled furthest to the Festival will call the toss.)

Draw at the End of a Final

The teams are allowed a **1 minute drinks break at the full time whistle**. NO players can be changed. There will be three (3) minutes extra time each way. No break. If it is still a draw then it will be first team to reach a two (2) goal lead. NO change of players, no breaks.

TEAM ACTS

Each group is encouraged to create a Team/Group Act to perform at the **Meet and Greet Welcome evening**.

It's a lot of fun and a great laugh.



MANAGERS' INFORMATION

Managers' Meeting will be held on Match Day 1 as per draw — please meet at the officials area. The umpires' meeting will follow.

Lunches on Match Days for players that have ordered and paid as part of the tour package will be available from 11:30am. It will be announced once they arrive. Only two people from your team are required to collect the lunches.

Clean Up

All teams will be given a rubbish bag each day. Please be respectful and if you see rubbish pick it up and put it in the bag or rubbish bin.

Awards Presentation

The Awards Presentation will be held at the end of the final games. at Lautoka Netball Courts.

All none awards participants, will receive participation medals if they have not won 1st, 2nd, 3rd.

Gala Dinner

Buses depart from your Accommodation.

Please wear your International Netball Festival singlet and wristband. We will have a group photo during the event.

Emergency and Medical - Dial 911 for EMERGENCIES

Local doctors' surgery

Lautoka Health Centre, Naviti St, Lautoka, Fiji +679 338 2657

Local Hospital

Lautoka Hospital, Hospital Road, Lautoka, Fiji +679 666 0399

Insurance

Travelling teams have been offered travel insurance prior to leaving their home town. Local teams should ensure that their Clubs or individual private insurance will cover you in case of injury

Players play at their own risk.

AWARDS

TEAM SPORTSMANSHIP AWARD for ALL divisions.

Umpires will rate this award after each game

Team players that show fairness to all teams

Encourages all team members

Positive attitude and sportsmanship

Friendly to other teams and umpires

Never gave up, supported their team mates 100%

MOST VALUED PLAYER for ALL teams.

Coaches will nominate this player

Positive player that is valued in the team

A player that shows fairness, encouragement to team players

A positive attitude, friendliness and never gave up attitude,

Shows respect to coach and manger

Helps others



WINNER - RUNNERS UP - THIRD PLACE

PARTICIPATION AWARD All registered players that do not receive a 1st, 2nd, 3rd or sportsmanship trophy will receive a Participation Medal

UMPIRES AWARDS

to show our appreciation for making the games happen!

TEAMS Vote for the umpires on the Score Sheets

in the following categories

Loudest whistle

Best and fairest

Fastest to the base line

The one that smiles the most

PARTICIPATING TEAMS

WELCOME

We would like to extend a warm welcome to all our team and individual players to the 2024 International Netball Festival.

We wish you all the best to have an extraordinary International Netball Festival.

13 and under

Rugby Black Aussies
Budgies Red
Shine On
Angel star netball
Raising Stars
Rising Eagles

15 and under

Orica Aussies
Budgies Black
MSA 1
MSA 2
Burnie Sapphires
Shine On
Angel star 1
Angel star 2
Raising Stars

18 and under

RGS BLACK
Aussie Hawks
MSA 3
Burnie Opals
Eve's Angels
Savusavu
Shine On
Angel star netball
Rising Eagles
Raising Stars
Ovalau Bay Netter
Rukuruku Basaga

Opens

RGS RED
Bradford Hotel Aussies
Aussie Hino
Silverettes
Burnie Diamonds
Savusavu
Shine On
Lomaiviti Stars

Souvenir Singlets Tshirts



INSPIRATIONAL SPEAKER

‘COMMUNITY, WORDS AND YOU MATTER’



Jane will share her Inspirational Story at the International Netball Festival Meet and Greet dinner.

Jane will be talking about
COMMUNITY, WORDS and YOU MATTER
Each one of us creates our community.
How we think act and talk creates our life.

Change YOUR mindset change YOUR life is Janes motto.

Jane inspires and motivates people sharing her journey of her near fatal, head-on car accident in Balcutha, New Zealand in 1992 where she became unrecognisable and had to learn to walk again. After many surgeries, Jane realised she had to make a choice to be a victim, live in pain or to learn how to heal herself and get back on the court. Jane wanted to change her mindset to act her life out the way she wanted.

Jane created an app with an easy formula, "MIND TRICKS 5 KEY STEPS", Jane have discovered how to take responsibility of her life to remove pain, overcome diversity, to create more balance, bliss and productivity, easily and effortlessly, daily. .

Jane will share with the International Netball Festival players, her story and that by taking responsibility of how they think, act and what they do, affects everything and everyone in their team. It comes down to how we think. Jane will demonstrate one of her easy "Mind Tricks methods" for them to try, so they can use them to be able to adjust their thoughts, as thoughts affect their moods, situations and behaviours. By using Jane's method, they will work together as a team, with coaches or anyone in their life.

INSPIRATIONAL SPEAKER

‘COMMUNITY, WORDS AND YOU MATTER’



Jane, a successful runs Jane Rushton Live Academy in NLP, Hypnosis and TLT, is an Author, Life Coach, Spiritual Healer, as well as an International Netball Festival coordinator and Director of two companies, has been an entrepreneur since the age of 24.

Jane's love for sharing her vision, started over twenty years ago when she began her search to find direction in life, to uncover her passions and work through life's challenges. Jane says, "Life's a rollercoaster. It's good to learn how to reduce the dips in life". She has studied so many modalities in Personal Development, Natural Therapies, exercise and rehabilitation, she has lost count.

In Jane's wrote her first book *Mind Tricks* in 2016 and her second book "*I Lost My Face*", will be out soon. After the accident Jane met her husband, Nick and they had four wonderful children, Olliver, Holly, Aimee-Rose and Trent

Lifes and act the world YOUR stage, is what Janes Aunty use to always say.

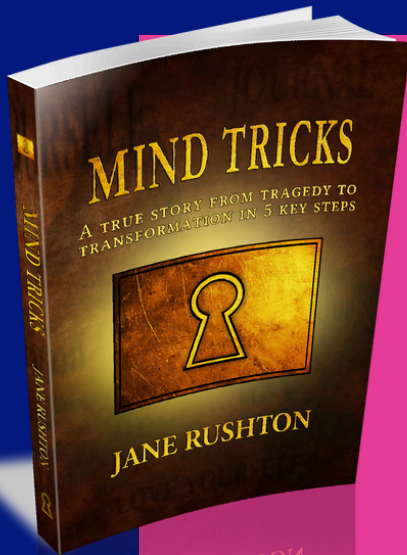
How do you want to live your life. You have a choice with your mindset. it is your mind no one can take it away.

For a FREE chapter visit: www.mindtricksbooks.com



SPEAKER JANE RUSHTON

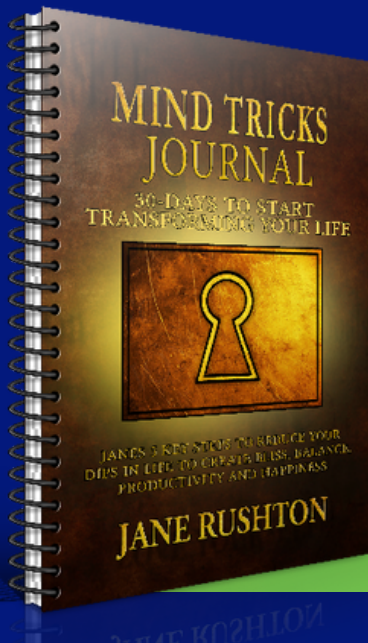
Learn Jane's easy 5 key steps Mind Tricks Book



Jane shares her near fatal car accident and as you read you will learn how she created the Easy Mind Tricks 5 key steps to create more balance, bliss and happiness in the life DAILY. You may want to reduce your roller coaster ride in life, reduce OVERWHELM, ANXIETY, ANGER, SADNESS FEAR etc get on better with people, be a better team player at sport, work or in your family. No matter what, MIND TRICKS book and journal will assist you to more balance, bliss and productivity in your life.

Live your dream.

- Jane



Mind Tricks Book and Mind Tricks 30 Day Transformational Journal

FREE ON JRL App



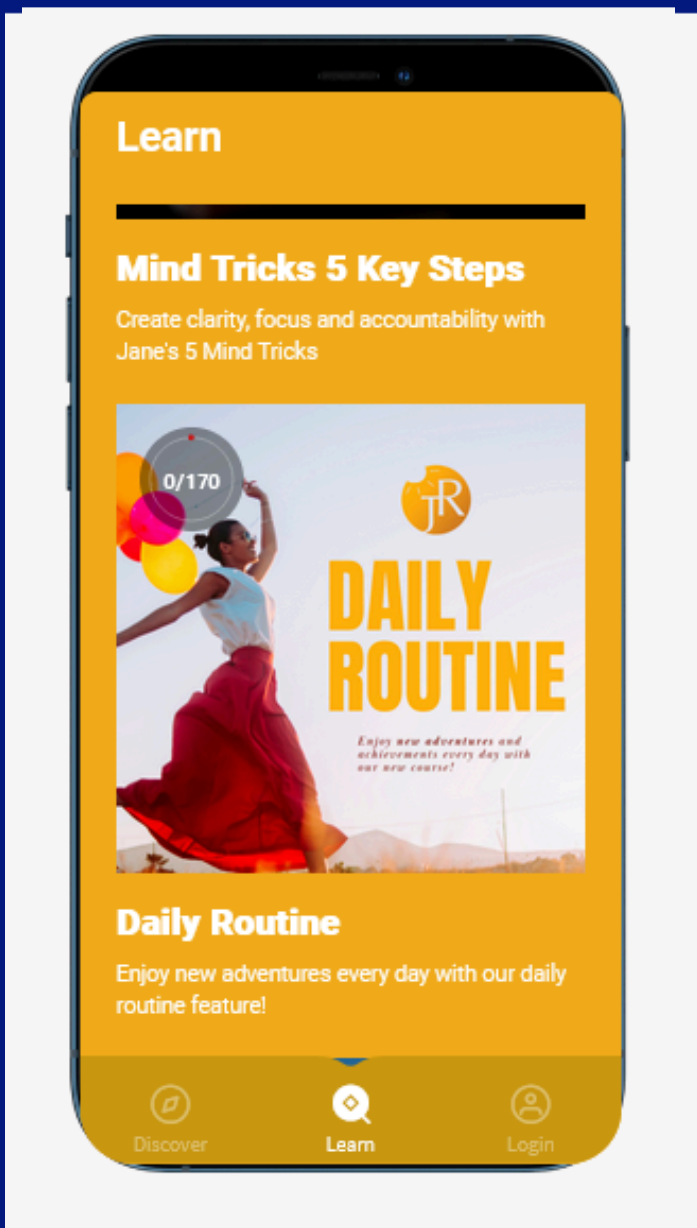
Mind Tricks 30 Day Transformational Journal

JANE'S
FREE GIFT

DOWNLOAD
JANE RUSHTON LIVE APP



WHY- To be the best you, in your netball team by reducing , stress, anger, overwhelm, anxiety.



Mind Tricks 30 Day
Transformational Journal

NEXT FESTIVALS



SAMOA 2025

10th - 18th April



PACKAGE INCLUSIONS

Return flights
8 night's accommodation
Transports
Travel insurance
Entertainment
School visit
Culture visits
Activities

FESTIVAL INCLUSIONS

Three game days
Umpires
First aid onsite
Festival Dinner
Opening Ceremony
Meet and Greet dinners
Managers' Meeting
Manager bags
Lunch on game days
Souvenir program,
Souvenir singlet
Trophies & Participation medals

www.internationalnetballfestivals.com



NEXT FESTIVALS



INNF

International
Netball Festival

INTERNATIONAL NETBALL FESTIVAL

GOLD COAST JULY 2025



ENQUIRE NOW

3 - 11th July 2025

WITH FOUR EXCITING GAME DAYS
5-8TH JULY

DIVISIONS

Opens, 18/Under,
15/Under, 13/Under
in levels **competitive or social**

ACTIVITIES

Netball Clinic, Team Bonding
Beach Games, Theme Parks,
Artvo, Infinity.. plus more!

18

ENQUIRE NOW

PACKAGE INCLUSIONS

Return flights
8 night's accommodation
12 seater mini buses
Travel insurance
Fun Events & Activities
plus much more!

FESTIVAL INCLUSIONS

Four game days
Umpires
First aid onsite
Netball Clinic
Festival dinner
Opening Ceremony
Meet and Greet dinner
Trophies & Participation medals
Managers' meeting & info bags
Lunch or light dinner on game days
Souvenir program, singlet & action photos

www.internationalnetballfestivals.com

NEXT FESTIVALS



TOUR DATES: 25 SEPT - 4 OCT 2025

REGISTER NOW!

GAME DAYS: 27, 28, 30 SEPTEMBER

PACKAGE INCLUSIONS

Return flights
9 night's accommodation
12 seater mini buses
Travel insurance
Meals

FESTIVAL INCLUSIONS

Umpires
Three game days
Trophies
Participation medals
Festival dinner
Meet and Greet Dinner
Lunch on game days
First aid onsite
Managers' meeting and info bags
Souvenir program, singlet and action photos



www.internationalnetballfestivals.com

Dates subject to change

NEXT FESTIVALS



INF

International
Netball Festival

GOLD COAST • FIJI • NZ • SAMOA

INTERNATIONAL NETBALL FESTIVAL

FIJI - DECEMBER 2025

ENQUIRE NOW

www.internationalnetballfestivals.com

Get your teams together for an experience of a lifetime!

TOUR DATES

10 - 18TH DECEMBER



PACKAGE INCLUSIONS

- Meals
- Return flights
- 8 night's accommodation
- Buses for duration of tour
- Travel insurance
- Fun Events & Activities
- Island Days
- plus much more!

FESTIVAL INCLUSIONS

- 4 game days
- First aid onsite
- Managers' meeting
- Souvenir program
- singlet
- Trophies
- Participation medals
- Sponsorship of a local Fijian team
- Gala dinner
- Lunch on game days

DIVISIONS

Opens, 18/Under,
15/Under, 13/Under
in levels **competitive** or **social**

ACTIVITIES

Village visit, Meke & Kava Ceremony,
local markets, sightseeing,
snorkelling, full day island cruise,
hot springs, mud baths and more!

ENQUIRE NOW

FIJI YOUTH CHARITY

International Netball Festival raising funds to upgrade Lautoka Netball courts



INF passion is to give back to others
support our community at home and away

Find a solution for our issues
Take responsibility for our words and actions
Ask for help
Believe in yourself

We are excited to see you back in Fiji!



**Vanaka Vaka
Levu for
attending the
International
Netball Festival
Fiji**

www.internationalnetballfestivals.com



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international.netball.festival**



**Like us on Facebook
International Netball Festival**